

care

CONNECTION

Winter 2020

- Andrea Walden, RN,
Case Manager
- Melba Perez-Berguno, LCSW,
Social Worker
- Mrs. Marie Alexis,
Former Skilled Patient
Success Story & Current
Physical Therapy Outpatient

CHOOSE HOME

Recovering from a serious illness or injury such as a stroke, broken hip or sepsis can be a long journey—but it doesn't have to include a long drive. Our local **skilled services** help patients on their journey back to better health.

LEARN MORE ON PAGE 2



WE'RE HERE FOR LOCAL SPECIALTY CARE TOO

WE HAVE BECOME A LEADER IN GENERAL SERVICES, such as inpatient, primary, and emergency care, as well as the most convenient place for blood tests, imaging, and screenings. However, we also offer 11 on-site specialty clinics and have a medical staff that spans over 20 specialties.

This particular issue highlights just a few of the specialized services we offer locally. Before you travel for any test or treatment, we encourage you to visit our website at www.sjph.org/clinical-services or simply call 225-869-5512, option "0."

Our goal is to offer you both quality care *and* convenience, and that means helping you stay close to home.

Call us *first*.

MARY ELLEN PRATT, FACHE, CEO

Mary Ellen Pratt



WELCOME BACK HOME

Larger facilities may discharge patients to a Skilled Nursing Facility after a complicated surgery or serious illness. These patients need specialized therapeutic services before they are ready to return home or to a nursing home. Patients requiring skilled care need daily services administered by a professional, such as rehabilitation/therapy, long-term IV antibiotics or high-level wound care.

Though categorized as a hospital, St. James Parish Hospital is also a certified Skilled Nursing Facility. St. James Parish Hospital not only offers high-quality services and best-in-class patient satisfaction™, but our designation as a hospital affords patients better access to diagnostics, an in-house rehabilitation team, multiple specialists, and an Emergency Room as needed. In addition, patients are rounded on daily by a physician or nurse practitioner, a charge nurse is available 24/7 to ensure quality care, and family members are included in patient care plans.

It's Your Choice

Being close to home or outside of a big city is easier on patients and families. If you or a family member needs skilled nursing services, ask to be transferred to St. James Parish Hospital. We offer a beautiful facility with private rooms, a chapel, and a healing garden.

Patients are encouraged to bring hobbies from home, wear comfortable clothes, and have visitors. Our goal is to create a home away from home while helping patients return home. For referrals, to speak to a Case Manager, or to request a brochure about our skilled nursing services, call 225-258-5936.

ST. JAMES URGENT CARE, located in the Medical Plaza, is now open Monday-Sunday.

Mon.-Fri. 1-9 p.m.
Sat.-Sun. 9 a.m.-5 p.m.



WOUND CARE FOLLOWING RADIATION

Approximately 50% of all cancer patients receive some form of radiation therapy. Radiotherapy can be extremely effective in tumor control but can also negatively affect normal skin tissue. Radiation-induced wounds can be mild or chronic. Our outpatient Wound Care Center, a department of St. James Parish Hospital, offers a team of skilled physicians and certified wound care specialists who use advanced techniques to help heal chronic wounds, such as those resulting from radiation. **Call 1-877-295-2273 to schedule an appointment in Lutchter.**

"Patients diagnosed with cancer and undergoing treatment have already been through so much. If they need wound care too, we promise to work as a team to ensure that we are a compassionate and effective stop on their journey to better health."

—Giselle Robinson, RN, Local Wound Care Nurse

LET'S TALK TECH

Comfort Meets Cutting-Edge

In 2019, St. James Parish Hospital invested in state-of-the-art 3D mammography technology (*digital breast tomosynthesis*) supported by artificial intelligence (AI) cancer detection software.

Though there is much ongoing research to learn why women skip mammograms, discomfort and anxiety are nearly always cited. The GE Senographe Pristina 3D Mammo, now utilized at St. James Parish Hospital, was designed by women AND chosen with the help of our female technologists for both effectiveness and comfort. Each fine detail of the machine was ergonomically designed with rounded edges, a comfortable headrest, soft armrests, and equipment that easily adapts to a woman's shape. In addition, our low-dose 3D technology allows clinicians to see more images at more angles, increasing the likelihood that cancer is found sooner while decreasing the likelihood of a false alarm. A 3D screening mammogram doesn't take longer for a patient to complete, yet it provides hundreds more images.

Our 3D mammogram is supported by iCAD ProFound AI cancer detection software. This software—recently named a 2019 MedTech Breakthrough “Best New Radiology Solution”—is the first and only FDA-cleared Artificial Intelligence Software for 3D Mammography. The one-of-a-kind technology has been clinically proven to enhance cancer detection, reduce unnecessary call-backs, and decrease radiologists' reading time by half—helping us reduce patient anxiety by providing faster results.

We promise to do our part to invest in you, and we encourage you to invest in yourself by never skipping a screening. Call 225-258-5953 to schedule a 3D mammogram with our friendly female technologists.



Helping the Lab *Save Lives*

“Labs don't buy instruments; they buy results that drive clinical utility to their customers, the clinical decision makers. They buy solutions that deliver the right results in the right location.”

—Karen Davis-Fleischer, Ortho Clinical Diagnostics Past Senior Director of Global Product Management

(Clinical Lab Products - clpmag.com)

Chemistry analyzers are devices used in medical laboratories to detect and calculate the concentration of certain substances within bodily fluids. St. James Parish Hospital's new **Roche Chemistry Analyzer** improves service and patient care.

We understand that the efficiency of a lab can help save lives. Our new cutting-edge equipment requires smaller samples to perform tests and benefits patients through increased accuracy and turnaround time. Specifically, the upgraded technology has improved critical analysis that helps doctors diagnose heart attacks and heart failure by making certain tests more sensitive and faster, leading to quicker treatment.

Additionally, from a clinical perspective, a new contract afforded our team seven-day-a-week access to service, and we now have the future ability to integrate instruments into one platform—leading to better quality and reduced risk of error.

Local Lab Services

- Therapeutic Drug Testing
- Urinalysis
- Complete Blood Count
- Chemistry Profile (to check heart, liver, and kidney function)
- Blood Bank Services
- Drug Screens
- Coagulation Testing (for patients on Coumadin therapy)
- Serology Testing
- Microbiology (blood, urine, fluid, and wound cultures)



Before committing, our Laboratory Team met with the new vendor to demo the equipment and ask questions. We take investments in patient care seriously.



To reach our lab, call **225-258-5993** or fax **225-258-5981**.

ORTHOPEDIC REHAB

Patients may require orthopedic rehabilitation/therapy due to injuries, surgery, pain, or trauma involving bones, muscles, cartilage, tendons, ligaments, and joints. St. James Parish Hospital has a diverse, multidisciplinary team that offers inpatient and outpatient physical and occupational therapy for orthopedic patients. Additionally, the hospital's Joint Education Program helps prepare patients for orthopedic surgeries, such as knee and hip replacements.

Meet Todd Lambert, DPT Orthopedic Rehab Director



The hospital welcomed Todd in 2019 as its Orthopedic Program Director. Todd's background as a lifelong athlete and previous experience at an orthopedic clinic greatly benefits our local patients. He is skilled in treating knee and hip replacements, ACL and meniscus repairs, rotator cuff repairs and shoulder replacements. Todd is also a leader in the hospital's Joint Program which includes Joint Classes for patients undergoing knee and hip replacements.

"Most ortho injuries inhibit or prevent people from completing daily tasks necessary to succeed in life. We develop programs to help patients recover and excel in the activities their lives or jobs require. Our highly trained staff implements evidence-based practices to help patients succeed while offering a fun-loving, caring environment."

—Todd Lambert, DPT, Orthopedic Rehab Director

"At St. James Parish Hospital, we are able to provide each patient with continuity of care from moments after their surgical procedure through the completion of their recovery."

—Kelein Barrow, MPT, Physical Therapist



Meet Kelein Barrow, MPT Physical Therapist

Kelein, an avid runner and former cheerleader, has 13 years of experience—including evaluating and treating inpatient, skilled, and outpatient orthopedic patients. Her treatment plans help acute patients postsurgery or post-illness gain independence through improved mobility. Her outpatient programs help patients get back to work or to their favorite sports and hobbies. Kelein is certified in the Graston manual therapy technique for soft-tissue mobilization and has completed extensive training focusing on total joint replacements and kinesiology tape, which is used as a tool during treatment of sports and muscle injuries.

Sports Med Moment

St. James Parish Hospital is dedicated to supporting the sports-medicine needs of our local schools. Hospital leaders have ongoing meetings with the LCMC Health Network Team—*St. James Parish School System's Sports Medicine Provider*—to support their efforts by offering our local resources as needed. Partnerships help us offer more options to student athletes.



St. James Parish Hospital complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our facility also provides free language services.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement.



This publication in no way seeks to serve as a substitute for professional medical care. Consult your physician before undertaking any form of medical treatment or adopting any exercise program or dietary guidelines.

St. James Parish Hospital is an equal opportunity provider and employer.



ST. JAMES
PARISH HOSPITAL
LARGE ENOUGH TO SERVE. SMALL ENOUGH TO CARE.
1645 Lutchet Avenue
Lutchet, LA 70071
www.sjph.org

PRSR STD
U.S. POSTAGE
PAID
LYNCHBURG, VA
PERMIT NO. 830

Calendar of Events



Subject to change.
Visit www.sjph.org/events for the most current listing.

FEBRUARY

- Diabetic Support Group 2/11, 2 p.m. (Meeting Room)
- Healthcare Provider/BLS CPR Recertification 2/13, 8–11 a.m.
- Heartsaver CPR/First Aid 2/18, 8 a.m.–1 p.m.

MARCH

- Diabetic Support Group 3/10, 2 p.m. (Meeting Room)
- Healthcare Provider/BLS CPR Recertification 3/12, 8–11 a.m.
- Heartsaver CPR/First Aid 3/17, 8 a.m.–1 p.m.
- Girls' and Boys' Puberty Class TBD

APRIL

- Healthcare Provider/BLS CPR Recertification 4/9, 8–11 a.m.
- Diabetic Support Group 4/14, 2 p.m. (Meeting Room)
- Heartsaver CPR/First Aid 4/21, 8 a.m.–1 p.m.

Unless otherwise noted, classes and events will be held in the Community Education Room in David Reynaud Medical Plaza (next to the Hospital). The Meeting Room is in the Hospital.

To RSVP, visit www.sjph.org/events. If you have questions, need to schedule a group class or need to take a BLS Class for the first time, email communityed@sjph.org. If you do not have access to a computer, call 225-258-2074.