A CT scan utilizes special X-ray equipment to create detailed pictures of areas inside the body, which can help doctors detect and diagnose illnesses and injuries. In emergency situations, CT images can save lives by revealing internal injuries and bleeding. CT scanning is fast, painless, and noninvasive.

Our new Optima CT660, 64-slice system with ASiR, which utilizes low-dose radiation technology, is capable of more views/slices per rotation, better addressing our hospital’s advanced clinical needs. The scanner also offers Smart MAR—metal artifact reduction—to produce clearer images of hip implants, dental fillings, screws, and other metal objects.

**Additional benefits to our patients include:**
- Shorter scan times
- Less radiation dosage
- Expanded exam options
- The ability to accommodate larger patients

“This new scanner is another example of St. James Parish Hospital’s commitment to our community,” says Mike Luminais, LRT, Director of Radiology. “We are large enough to serve, small enough to care.”

**KNOW THE NUMBERS**

<table>
<thead>
<tr>
<th>Optima CT660—</th>
</tr>
</thead>
<tbody>
<tr>
<td>GE’s latest-generation “low-dose” intelligent CT System now available locally</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>64 Total Slices—</th>
</tr>
</thead>
<tbody>
<tr>
<td>CT divides images of the body into “slices” (like bread) and takes pictures of these slices, which are then reconstructed to reveal images of bone, soft tissue, organs, and blood vessels.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>$446,500—</th>
</tr>
</thead>
<tbody>
<tr>
<td>The cost of our new equipment—St. James Parish Hospital is committed to investing in top technology in order to better serve our patients.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>225-258-5953—</th>
</tr>
</thead>
<tbody>
<tr>
<td>Call us to schedule your exam. Same-day scheduling is often available.</td>
</tr>
</tbody>
</table>
OUR HOSPITAL HAS EXPERIENCED great growth since building a new facility and medical plaza. With your feedback and support, we have continued to offer new services and welcome new physicians—leading us to begin feeling “growing pains.” This is a great “problem” because it means you need us to continue bringing more services, technology, and physicians home to you.

Due to this need, we are revisiting our master plan and working with an organization that will help us determine when, where, and how to continue growing in a responsible way that best meets your needs. Our vision to be the community’s first choice for primary healthcare needs is a goal that continues to lead us to reach for bigger and better.

Mary Ellen Pratt, FACHE, CEO

A ‘PROBLEM’ WE LOVE TO HAVE

The Cardiology Beat
New Docs, Same Great Service

St. James Parish Hospital has a cardiology affiliation with Ochsner Medical Center—Kenner to help us provide continuous cardiology support to our patients. We are excited to welcome two new physicians to support our current cardiologists.

Since partnering with Ochsner-Kenner, Nakash Grant, MD, clinical cardiologist, and Zola N'Dandu, MD, interventional cardiologist, have seen patients at St. James Parish Hospital. We are excited to welcome two new physicians. Jonathan Bonilla, MD, and Benjamin Romick, MD, are joining our Ochsner cardiology team to provide support as needed to our outpatients, inpatients, and Emergency Room patients.

Patients can make outpatient cardiology appointments from 8 a.m. until noon on Mondays and Fridays.

Schedule an Appointment
225-258-2037
Jonathan Bonilla, MD, earned his medical degree at Universidad Central del Caribe School of Medicine in Puerto Rico. He completed an Internal Medicine Internship and Residency at Ochsner Medical Center. He also completed an Interventional Cardiology Fellowship at Ochsner Medical Center. He speaks English and Spanish and is board-certified in cardiology.

Benjamin Romick, MD, earned his medical degree at the University of Iowa College of Medicine. He completed an Internal Medicine Internship and Residency at Keesler USAF Medical Center in Mississippi and a Cardiovascular Fellowship at Brooke Army Medical Center/Wilford Hall USAF Medical Center in Texas. He completed an Interventional Cardiology Fellowship at Montefiore–Einstein Heart Center in New York. He served 15 years on active duty in the Air Force. His special areas of interest include transradial cardiac catheterization, complex coronary intervention, chronic total occlusion intervention, and cardiac rhythm device implantation and management.

St. James Parish Hospital invites community members to celebrate American Heart Month by attending our annual Heart Smart Saturday, which will offer a free day of screenings, activities, and education, as well as an opportunity to meet privately with a cardiologist on staff at St. James Parish Hospital.

DATE: Saturday, Feb. 18
TIME: 8:30–11:30 a.m.
LOCATION: Medical Plaza (next to hospital)
SCREENINGS: cholesterol, blood pressure, BMI, quick EKG, ABI (based on risk factors)

Erin Templet, ultrasound tech, performs an ABI screening at last year’s Heart Smart event.
WE NEED YOU

You can help us meet our goal of providing excellent, quality, compassionate health care.

St. James Parish Hospital invests in patient feedback surveys in order to learn from you what we do well and what we can improve. Press Ganey, a leader in providing healthcare surveys and resources, randomly and anonymously surveys our patients by mail—if you were an inpatient—or by telephone—for those who were outpatients or seen in our Emergency Room.

Most recently, the hospital worked to create a Patient Advisory Committee in which employees invite patients to meetings to gather feedback about how we can improve the satisfaction, quality, and safety of our facility.

HELP US HELP YOU

Have you recently used our hospital as an outpatient, inpatient, or ER patient?

• How can we improve your lab, radiology, ER, or surgery experience?
• How can we make the registration process smoother?
• What would you change about our waiting areas?
• In what ways can we improve your care?
• How can communication between you and your caregivers be better?

What would you change? Give us your feedback.

Email us at info@sjph.org.

Send us a private message through the hospital page.

Mail a letter to
1645 Lutcher Ave.,
Lutcher, LA 70071.

Call us at 225-258-5998.

Want to remain anonymous? Let us know or mail us a letter without your return address.

Upcoming Education

JANUARY

❉ Diabetes Support Group
Jan. 10, 2 p.m. (Meeting Room)

❉ Healthcare Provider/CPR/BLS Jan. 12

❉ Heartsaver CPR/First Aid Jan. 17

FEBRUARY

❉ Healthcare Provider/CPR/BLS Feb. 9

❉ Diabetes Support Group Feb. 14, 2 p.m. (Meeting Room)

❉ Heart Smart Seminar Feb. 18,
8:30-11:30 a.m. (Medical Plaza)

❉ Heartsaver CPR/First Aid Feb. 21

MARCH

❉ Healthcare Provider/CPR/BLS March 9

❉ Heartsaver CPR/First Aid March 14

❉ Diabetes Support Group March 14, 2 p.m. (Meeting Room)

❉ Puberty Class for Girls March 21, 6 p.m. (Community Room)

❉ Puberty Class for Boys March 21, 6 p.m. (Meeting Room)

APRIL

❉ Heartsaver CPR/First Aid April 11

❉ Diabetes Support Group April 11, 2 p.m. (Meeting Room)

❉ Healthcare Provider/CPR/BLS April 13

Unless otherwise noted, classes begin at 8 a.m., and classes and events will be held in the Community Education Room at David Reynaud Medical Plaza, next to St. James Parish Hospital. The Meeting Room is in the hospital.

To RSVP, visit www.sjph.org/events. Click the event or class and fill out the online registration form. If you do not have access to a computer, call 225-258-5995.

St. James Parish Hospital complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our facility also provides free language services.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

ATTENTION: Si vous parlez français, des services d’aide linguistique vous sont proposés gratuitement.