PRESCRIPTION-FREE PT
Schedule a physical therapy assessment, without a physician order.

Louisiana law now allows patients to go directly to a physical therapist for evaluation and possible treatment without waiting for a doctors’ order or an appointment with a specialist. Studies show that early physical therapy intervention can help patients with musculoskeletal injuries and those who are limited in their daily activities due to muscular pain, ongoing stiffness and problems with movement, strength and flexibility. In addition, the CDC recommends nondrug approaches (such as PT) over long-term high-dosage use of prescription pain medications.

DIRECT Details
• During your 1st visit we will review your medical history and conduct an extensive evaluation
• We will refer patients to a physician if there is an issue beyond the scope of PT
• We will develop a personalized plan of care to address your PT-related goals
• You will be referred to a physician if measureable improvements are not made within 30 days

DIRECT Benefits
Decreased Healthcare Costs
May Reduce Need For Surgery
Quicker Treatment
Reduces Opioid Use

Why?

Your personal insurance benefits will determine individual requirements for Direct Access. Call 225.258.5934 to get started.

This institution is an equal opportunity provider and employer.